



SACO FOOD PANTRY, INC.

VOLUNTEER APPLICATION

*Thank you for supporting our mission to
fight hunger in our community.*

Name: _____ Date: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____

Emergency Contact Name: _____ Phone: _____

How did you hear about The Saco Food Pantry? _____

AVAILABILITY

On which days and times are you generally available to volunteer?

Days: ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐ Sun

Time of Day: ☐ Morning ☐ Evening

Additional availability information: _____

VOLUNTEER POSITIONS

Please check the position(s) you are interested in.

CHECK	POSITION	DAYS	TIME
☐	1. Pick up food donations at Shaw's & Hannaford	Mon-Sat	7:00 – 8:00 am
☐	2. Help unload Good Shepherd Food Bank deliveries	Mon	7:00 – 8:00 am
☐	3. Prepare produce for distribution	Mon-Fri	7:30 – 9:00 am
☐	4. Assist with the outdoor market	Mon-Fri	8:45 – 10:45 am
☐	5. Assist with the indoor market	Mon-Fri	8:45 – 10:45 am
☐	6. Assist with the 1st Tuesday indoor market	1st Tuesday	4:45 – 6:45 pm
☐	7. Stock shelves	Mon-Fri	7:00 – 9:00 am

Do you have any special skills or experience that may be helpful? _____

Is there anything else you would like us to know? _____

I understand that my volunteer service is provided freely and that The Saco Food Pantry does not provide compensation or benefits.

Signature: _____ Date: _____

THANK YOU FOR YOUR INTEREST IN VOLUNTEERING!

The Saco Food Pantry • PO Box 246, Saco, ME 04072 • (207) 283-5271 • sacofoodpantry.org